Obedient Plant ‘Miss Manners’
(Physostegia virginiana)

18-24” upright sturdy compact clumps. Though Obedient Plants are known for spreading with some abandon, ‘Miss Manners’ is a non-spreading form, introduced by Darrell Probst, of MA.

Native in Vermont, Maine, Rhode Island, New York; found in open meadows.

Dense strong 8-10” flower spikes and numerous side shoots filled with closely-packed tubular snapdragon-like pure-white 1” flowers, arranged in 4 vertical rows on square stems. Flowers bloom from bottom to top, for a long summer bloom season, June to September. Remove spent flowers for increased re-flowering. Individual Obedient Plant flowers can be pushed in any direction, and will stay there “obediently”.

3-3.5” narrow, waxy, lance-shaped, sharp-toothed deep green leaves, at right angles on the upright square stiff and unbranched stems.

Easy to grow in full sun (the best) or light shade. Plant in well-drained, average to moist soil. Does not tolerate drought so needs to be watered in dry spells. A light summer mulch helps retain soil moisture and keeps roots cool.

Use for perennial borders, wildflower gardens, cottage gardens, rain gardens, meadows. Good cut flowers. Very good for separating other bright flower colors in the garden.

Excellent choice for a pollinator garden. Attracts bumblebees, butterflies, hummingbirds.

Deer tend not to eat this plant.

Photo 1: Kingsbrae Garden
flickr.com/photos/kingsbraegarden/1055684672/sizes/z/
Photos 2, 5: Cornell University Library eCommons
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Photos 3, 6: North Creek Nurseries
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Photos 4: North Central Conservation District