Helen’s Flower ‘Bandera’  
(*Helium* autumnale)

A 12-15” x 15-18” compact selection of *Helenium*. Upright-spreading clumps; stout rigid densely branched stems and bushy basal growth.

CT native species, found in thickets, wet meadows, swamps, along streams.

A profusion of 2” flowers on upright stems that have wedge-shaped deep brick red petals painted with ruffled golden outer edges, appearing as a kind of bright halo around the flower. Each flower has a dark center globe rising above the petals. Late summer and early autumn bloom, often until the first frost. Remove spent flowers for additional bloom.

4-6” narrow pointy lance-shaped bright-green leaves.

Full sun.  
Medium to wet but not poorly drained soil.  
Prefers rich, moist soils. Easy to grow.  
No staking is needed.

Use in borders, at foundations, in cottage gardens, rain gardens, meadows, moist soils, and along bodies of water. Excellent for massing, or groups of 3 to 5. Because of compact nature, strong stems, and floriferous nature, good in pots. Excellent cut flowers with long vase life.

Stream buffers.

Attracts long-tongued bees, honey bees, bumble-bees, miner bees.  
Butterflies are attracted by the abundant blooms.  
A natural rabbit repellant. Deer resistant, as leaves are toxic and bitter to mammals.

Photos 1, 3-5: Plants Nouveau 
plantsnouveau.com/plant/helenium-mariachi-bandera/  
Plant 2: white_wolf/ flickr.com/photos/white_wolf/4910067777/sizes/l