**Foamflower**  
(Tiarella cordifolia)

1’, spreads by stolons to form dense 1-2’ wide clumps.

CT native, found in rich woods.

Numerous slender frothy starry 8-10” spires of pinkish-white flowers held well above foliage on wiry stems, in April/May, about 6 weeks.

Neat mounds of long-stalked heart-shaped downy puckered-and-creased 4” semi-evergreen leaves rise from spreading stolons. Often inky burgundy in creased veins. Foliage often turns red after frost, then deep burgundy in winter.

Part sun to shade. Tolerates average, but prefers moist well-drained fertile soils, thriving in cool shaded areas. Avoid wet winter soils. Undemanding, reliable, easily grown.

One of the best ground covers for shade, attractive in drifts and masses. Use in woodlands, fronts of borders, shaded rock gardens, wild gardens. Frequently used as a filler in woodland gardens because of its carefree nature and adaptability. Excellent garden companion for Creeping Phlox, Bleeding Hearts, Maidenhair Ferns, Trillium, Jacob’s Ladder and more.

Attracts early bees. Attracts butterflies. Larval host for Eastern Commas, Mourning Cloaks, Question Marks.

Photos 1, 2, 4, 6, 7, 9, 10: North Central Conservation District  
Photo 3: Sirpa Tähkämö  
flickr.com/photos/sirpale79/7180666703/sizes/z/  
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