Rain gardens also known as *bio-infiltration basins*, are a beautiful solution to curbing stormwater runoff and pollution.

**WHAT IS A RAIN GARDEN?**
A rain garden is a depression of about 6 inches deep, which collects runoff from a roof, driveway or yard.

**WHERE IS THE BEST PLACES TO INSTALL A RAIN GARDEN?**
Install 10 feet away from house foundation. Do not install over a septic system or close to a well. A flat or slightly sloped area is ideal.

**IS THE SOIL IN MY YARD SUITABLE FOR A RAIN GARDEN?**
A quick way to test if the soil is suitable at your rain garden site is to dig a hole about 6 inches deep and fill it with water, if there is still water in the hole after 24 hours the site is not suitable.

**Rain Gardens: How Homeowners Can Help Keep Our Water Clean**

Rain gardens are a relatively easy and inexpensive way that homeowners can help to keep our local brooks, streams, rivers, ponds, lakes and Long Island Sound clean. By allowing runoff to soak into the ground, rain gardens filter pollutants from stormwater. Furthermore, rain gardens can add beauty to a yard and create habitat for pollinators, such as butterflies. CT NEMO provides extensive resources to help you on your way to cleaner water. For information about how to install a rain garden and what types of plants to use, visit: [https://nemo.uconn.edu/tools/index.htm](https://nemo.uconn.edu/tools/index.htm)
2020 PLANT SALE FEATURED NEW PLANTS FOR RAIN GARDENS

Coneflowers \(\star\) Geranium Espresso \(\star\) Hemerocallis
Hosta Fire & Ice \(\star\) Little Henry

Bee Balm \(\star\) Phlox \(\star\) Narrowleaf Blue Star \(\star\) Little Joe \(\star\) Hydrangea Oakleaf
Cardinal Blue \(\star\) Coral Bells \(\star\) Foamflower

AND MANY MORE! Just Look for the RG key within descriptions

Mother’s Day Featured Plant is: Clematis Josephine Vine

Perennial Pollinator Plants Featured are: Mountain Mint \(\star\) Dotted Horsemint

New Plants in Kitchen Section are: Hops Brewing Nuggets \(\star\) Purple Basil
Thorn free Raspberries \(\star\) Chocolate Mint \(\star\) Roman Chamomile \(\star\) Mosquito Resistant Plant

Grass Plants Featured are: Elijah Blue \(\star\) Smoke Signal Little Blue Stem

2020 ECCD SPRING SEEDLING & PLANT SALE

WHAT: Bareroot seedlings and potted plants, all winter hardy to at least Zone 6, which is our growing area (descriptions and order form follow).

WHEN: Order deadline is April 3, 2020, postmark

Southern area pickup at Ocean State Job Lot Building, Gales Ferry (space donated by Ocean State Job Lot): 1 pm to 6 p.m., on Friday, April 17th or at 9 a.m., to noon on Saturday, April 18th.

Northern area pickup at Brooklyn Fairgrounds, Route 169, Brooklyn (space provided by the Windham County Agricultural Society): 1 pm to 6 pm on Friday, April 24th; or at 9 am to noon on Saturday, April 25th.

Please indicate on the order form whether you will be picking up at the Ocean State Job Lot location or the Brooklyn Fairgrounds. This is important since the seedlings and plants for each pickup point are delivered a week apart and are not carried over from one pickup location to the other.

HOW: One hundred seedlings of most tree species can fit easily into a grocery sack. Potted plants take up more room. Be prepared to keep the roots of the bareroot plants moist and covered until actual planting. Herbs and perennials should be sheltered until mid-May.

AND: The District cannot be responsible for any orders not picked up by noon on Saturday unless prior arrangements have been made. Sorry, there are no refunds on orders not picked up.

QUESTIONS: Call Francine at 860-319-8806, M-F between 9:00 a.m. and 3:00 p.m.

CODE KEY FOR PLANTS:

- BD = attracts birds
- BE = attracts bees
- BT = attracts butterflies
- D = Deer Resistant
- HM = attracts hummingbirds
- M = works well in meadows
- MG = works well in moon gardens
- N = native to New England
- E = Edible
- RB = works well as a riparian buffer plant
- RG = works well in rain gardens
BAREROOT EVERGREEN SEEDLINGS (In bundles of 25 each)


2. WHITE SPRUCE: 10 to 18 inch tall. 3-year bareroot seedlings. Very hardy, compact with short, blue-green needles. Fast rate of growth. Tolerates wide variety of soils. Used for Christmas, ornamentals and windbreaks. BD

3. COLORADO BLUE SPRUCE: 9 to 15 inch tall 3-year bareroot seedlings. Color ranges from blue-green to silvery blue. Superb color. Excellent shape. Good growth rate. One of the finest for Christmas trees, ornamental and windbreaks. BD

4. NORWAY SPRUCE: 8 to 18 inch tall 3-year bareroot seedlings. Fastest growing spruce. Short-needled with deep green color. Demand for Christmas tree, ornamental and reforestation. BD

5. BALSAAM FIR: 6 to 10 inch tall. 3-year bareroot seedlings. Needles are 1". Excellent fragrance and retention. Grows best in cool, moist, sheltered locations. Widely used for Christmas trees and ornamentals. BD

6. FRASER FIR: 5 to 9 inch tall. 3-year bare root seedlings. Shiny, dark green foliage with a silvery underside and superb needle retention. Prefers well drained soil. Excellent Christmas tree and ornamental. BD

TREES & SHRUBS (#1, #2 or #3 gallon containers)

7. GLOSSY ABELIA, Abelia x grandiflora ‘Kaleidoscope’: Beautiful, ever-changing foliage colors, from bright yellow with green leaf center, to striking gold, deepening to showy red and orange, stream of small, white, tubular flowers from mid-summer to fall, fragrant. Full sun to part sun. Medium moist soils. Matures to 2-3’ tall. N, D, M, RB.


11. MOUNTAIN LAUREL, Dwarf Kalnma latifolia ‘Little Linda’: Award Winning! CT’s state flower! Foliage is half the size, of most mountain laurels. Compact & slow growing. Dark red buds open into, (close to) white flowers late in May and then fade to pink. Partial sun / shade. Matures: Height 5-6’, Spread 5-6’. N

12. PUSSY WILLOW, Salix discolor: Provides flower catkins in spring. Often used for cuttings, provides early and varying food sources for bees, birds, and butterflies. Provides cover for birds. Tolerates most soils, including moist. Matures to 20-25’ tall. N, BD, BE, BT, RB, RG


20. HOLLY, ‘Blue Princess’ *Ilex x meserveae*: Dark, blue-green foliage and exceptional berry production. Full sun or part shade. Matures to 12’ tall. BD,D

   NOTE: The female holly bush produces berries. The male, ITEM21, is not berry producing, but is needed to pollinate the female. One male holly can pollinate up to several female holly bushes.

21. HOLLY, ‘Blue Prince’ *Ilex x meserveae*: Male is needed to pollinate female for berries. Dark, blue-green foliage on purple stems, extremely hardy. Full sun or part shade. Matures to 8-10’ tall. BD,D


GRASSES (#1 or #2 “gallon” containers)

Grasses make great root systems!!


25. SWITCHGRASS, *Panicum virgatum* ‘Cape Breeze’: Grey-green leaves that form strictly upright, dense clump, rose colored flower panicles and leaf tips in fall. Provides a winter shelter for birds. Cut back to ground in late winter, or before new growth. Full sun. Does well in all soils, from sand to clay. Matures to 40-48” tall. N,BD,BT,D,RG


PERENNIALS (8”, #1, #2 or #3 “gallon” containers)

28. NODDING WILD ONION, *Allium cernuum*: Excellent nectar source for bees. Fragrant, nodding, lilac-pink flowers bloom in late spring. Great in container or rock garden, formal or wild garden. Full sun (best) to part sun. Moist to dry soils, including gravelly soil, well-drained. Matures to 12-18”. N,BD,BE,BT,HM,M

29. WINDFLOWER, *Anemone* ‘Whirlwind’: Ruffled, double white petals with a green center and yellow orange anthers. Dark green foliage adds as a dramatic background. A great perennial to add to the mixed border. Whirlwind, start blooming in early fall when many other perennials are slowing down. Height 18-20” Spread 30-34”.


31. CLEMATIS JOSEPHINE VINE, *Clematis* ‘Josephine*: Climbing vine with double flowers, which bloom all season long. Unusual blooms are creamy green and mauve to the outside, with a paler, pinkish mauve ruff in the center. Likes full sun and roots like to be kept cool by shading with other plants. GREAT FOR MOTHER’S DAY!


35. LEADWORT, *Ceratostigma plumbaginoides*: Spreading ground cover. Brilliant blue flowers bloom, August into October. Bronzy, red fall color. Late to emerge so good to plant with spring bulbs, as shrub understudy, and good in rock gardens. Part shade to shade. Well-drained, tolerates clay soils. Matures 12" tall. BT,RG


**PERENNIALS ~ CONEFLOWERS ECHINACEA**

38. PURPLE CONEFLOWER, *Echinacea purpurea* 'Ruby Star': Tall, narrow, upright profile with big, carmine red daisies blooming from July to early Sept, great nectar and seed source, hardy. Full sun. Matures to 36-42" tall. N,BD, BE,BT,D, HM,M,RG


41. GREEN TWISTER CONEFLOWER, *Echinacea* 'Green Twister': Lemon-lime petals that transition to a light pink or Carmen red near the center cone. Attracts butterflies and hummingbirds. The seeds attract finches in the fall. Drought resistant. Height 2-3", Spread 18-24".


45. CARDINAL FLOWER RED, *Lobelia cardinalis*: Loves wetland features but will thrive with moist soil. Forms dense clump of upright green stems with buds at the tops. Rising to a scarlet red, two lipped tubular flowers that grow upward, blooming late July - September. Full sun to part shade. Moist soil. Matures to 2-3' tall. N,BD, BE,BT, HM,RB,RG

46. CARDINAL FLOWER, BLUE *Lobelia siphilitica*: Loves wetland features but will thrive with moist soil. Forms dense clump of upright green stems with buds at the tops. Rising to bright blue, two lipped tubular flowers that grow upward, blooming late July - September. Full sun to part shade. Moist soil. Matures to 2-3' tall. N,BD, BE,BT, HM,RB,RG

47. LUPINE, *Lupinus* 'Staircase Orange': Blooms are a beautiful blend of oranges. Perfect for cutting. Removing faded flowers encourages re-bloom. Sun to light shade. Average water, rich, slightly acidic soil, good drainage. Matures to 16-20" tall. BT, HM


50. **RUSSIAN SAGE, *Perovskia atriplicifolia 'Blue Jean Baby'***: Shorter, more manageable size. Blooms earlier than most. Holds its brilliant blue flowering color from mid-summer to mid-fall. Full sun. Average soil. Matures to 30-34”. **D, HM**


53. **BALLOON FLOWER, *Platycodon grandiflorus ‘Sentimental Blue’***: Very compact. Forms balloon like puffs before opening to blue, bell-shaped flowers during the summer. Easy, fast to grow, great in a rock gardens, border or patio containers. Extend bloom by deadheading. Full sun to part shade. Well-drained, organically rich soil. Matures to 6-8”.


60. **ITEA VIRGINICA, LITTLE HENRY, *Itea virinica Little Henry Sweetspire***: Little white flowers bloom in late June and then again in the fall. Cool temperatures inspire red foliage in the fall. Matures: Height 3’, Spread 3-4’.


63. **OAKLEAF HYDRANGEA, RUBY SLIPPERS, *Hydrangea quercifolia ‘Ruby Slippers’***: Deep green foliage turns to burgundy in the fall. Blooms 8-10” pyramids of white flowers in July which slowly change to ruby-pink color in September. Full or partial sun. Matures: Height 3-4’, Spread 4-5’.


6
KITCHEN & MISCELLANEOUS

66. BLUEBERRIES, **Vaccinium corymbosum**: Set of three individually plants for cross-pollination, each set has 3 plants-one each of: early, mid and late season bearing. Full sun. Moist, acidic (ideal pH 4.5-4.8), well-drained soil. Matures to 4-6’ tall. **BD,BE,BT,RG** Perennial.

67. POBLANO PEPPER, **Pepper Ancho Poblano**: Abundant, mildly hot, tasty, 4” long peppers, maturing from green to red in 65 days. A staple in Mexican cooking (called Poblano when fresh, Ancho when dried). Annual.

68. CUCUMBER, **Patio Snacker**: Robust, early, high yielding, sweet, 8” long, with crunch, perfect for patio container with trellis. Full sun. Matures: 3-4’. Annual.

69. HOPS, BREWING, NUGGET, **Humulus lupulus ‘Nugget Hops’**: Easy to grow vine. Superb green foliage backs the golden cones of fragrant blooms. Heavy blooming in August. Excellent for brewing. Thrives in full sun. Feed yearly with an organic fertilizer. This plant will grow aggressively each year and can be pruned back to ground level each late winter.

70. RED RASPBERRIES, **Rubus ’Shortcake’**: THORNLESS! Vigorous, producing delicious, super sweet berries. Perfect for patio containers. Full sun to part shade. Matures: Height of 3’. **BE,BT**

71. STRAWBERRIES, **Cavendish**: Excellent flavor and overall quality, attractive large fruit, winter hardy, long growing season, good resistance to disease. Sold by bundle of 25 bare root plants. Perennial. **BD, BE, E**

72. CHOCOLATE MINT, **Mentha Chocolate**: Chocolate scented and flavored mint. Perfect spice can be used for flavoring desserts, coffees and teas. Grows in patio containers. Pruning new leaves is best for flavor and continual growth. Matures: Height 18-36”, Spread 3-5’.

73. MOSQUITO PLANT, **Pelargonium citrosa, ‘Scented geranium’**: REPELS MOSQUITOS! Citrus scented. Large and bushy. Rubbing leaves on skin is reputed to deter mosquitoes. Matures: Height 3-4’, Spread 24-30”.

74. FERTILIZER TABLETS: 1 application fertilizes 2 full years. Use 1-2 tablets for each plant set out. Easy to use, safe, will not harm new trees or shrubs. After holes are dug, place 1-2 tablets in hole under each plant, shrub or tree. Tablets slowly release plant food, feeding plants for 2 full years.

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**Eastern Connecticut Conservation District 2020 Spring Plant Sale**

Name _____________________________ Phone: Home_____________ Work/Cell_____________

Address_____________________________ Town, ST, ______________________________

_____ I will pick up my order at the Ocean State Job Lot Complex, Route 12, Gales Ferry, on April 17th or 18th (Southern end of building) on Friday, April 17, 1-6 PM ~ or Saturday, April 18, 9 AM to Noon

**Space generously donated by Ocean State Job Lot**

OR

_____ I will pick up my order at the Brooklyn Fairgrounds, Route 169, Brooklyn, on April 24th or 25th (Fairground Road entrance) on Friday, April 24, 1-6 PM ~ or Saturday, April 25, 9 AM to Noon

**Space generously provided by the Windham County Agricultural Society**

Orders due postmarked no later than April 3, 2020

Questions? Call: 860-319-8806

or email: francine.eccd@comcast.net

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### Evergreen Bareroot Seedlings sold by Bundles of 25 SEEDLINGS-per-SPECIES

1-3 Bundles $31 each ~ 4 or more Bundles $28 each

<table>
<thead>
<tr>
<th>ITEM</th>
<th>No. of Tree Bundles</th>
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<tbody>
<tr>
<td>1.</td>
<td>White Pine</td>
</tr>
<tr>
<td>2.</td>
<td>White Spruce</td>
</tr>
<tr>
<td>3.</td>
<td>Colorado Blue Spruce</td>
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<tr>
<td>4.</td>
<td>Norway Spruce</td>
</tr>
<tr>
<td>5.</td>
<td>Balsam Fir</td>
</tr>
<tr>
<td>6.</td>
<td>Fraser Fir</td>
</tr>
</tbody>
</table>

**CODE KEY:**
- BD...attracts birds
- BE...attracts bees
- BT...attracts butterflies
- D...deer resistant*
- HM...attracts hummingbirds
- M...works well in meadows
- MG...works well in moon gardens
- N...native to New England
- RB...works well as a riparian buffer plant
- RG...works well in rain gardens
- E...edible

*but not always "deer proof" to a hungry deer!

No. of Tree Bundles ______ x Price per Bundle: $______ = Seedling Total $______

<table>
<thead>
<tr>
<th>ITEM</th>
<th>SIZE</th>
<th>TREES &amp; SHRUBS</th>
<th>CODES</th>
<th>PRICE</th>
<th>QTY</th>
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### PERENNIALS

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<tr>
<td><strong>Fertilizer Tabs</strong></td>
<td>Use 1-2 per plant every 2 years</td>
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<td><strong>Orders must be postmarked no later than April 3, 2020</strong></td>
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<tr>
<td><strong>Please make check payable to</strong>, and send with order to:</td>
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<tr>
<td>NO REFUNDS on orders not picked up</td>
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<tr>
<td>A Reminder Card Will Be Mailed</td>
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<tr>
<td>Questions? Call: 860-319-8806</td>
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Watershed Committees

Over the years, for watersheds stretching from northeast CT to southeast CT, ECCD has developed numerous watershed-based plans. Watershed plans are roadmaps for stakeholders to use to improve the water quality of local waterbodies. However, once a watershed plan is developed, it is critical that someone or some organization takes the plan and runs with it, implementing its recommendations. Recommendations might include such things as workshops to educate the public about water pollution and ways to reduce it, or stenciling storm drains to remind the public about where stormwater discharges to, or retrofitting stormwater infrastructure to filter out pollutants.

Recognizing the value of these watershed plans and the importance of implementing them, ECCD has taken the lead by developing watershed stakeholder groups. Watershed stakeholder groups, or committees, have the power to return local control of local waterbodies to local interests. Whether it’s for drinking water, swimming or shellfishing, local waters provide a wealth of value to our communities and we need to protect them. Ideally, a local watershed committee will include concerned residents, as well as stakeholders from commerce and business, municipal governments, nonprofit organizations, teachers and students, as well as others. Here are several watershed committees that ECCD staff are spearheading currently.

Niantic River Watershed Committee (NRWC) was formed in 2008 to address recreational shellfish bed closures and the degradation of aquatic habitat in the Niantic River. The watershed, located in portions of the towns of Salem, Montville, Waterford and East Lyme, is, like many coastal Connecticut communities, subject to water quality issues due to development. In order to raise community awareness about water quality concerns, NRWC conducts a variety of outreach and education activities, collects water quality data from tributary streams throughout the watershed, and has partnered with ECCD and the watershed communities to install stormwater best management practices in order to reduce nonpoint source pollution. To learn more about the Niantic River watershed, visit www.nianticriverwatershed.org. If you are interested in joining NRWC or attending meetings, contact judy.rondeau@comcast.net.

The Little River Healthy Watershed Collaborative (LRHWC) is an interagency/intermunicipal effort to move forward on implementation recommendations included in the 2009 Muddy Brook/Little River Water Quality Improvement Plan and the 2018 Roseland Lake Management Plan. Little River provides drinking water to the Town of Putnam so has been designated as a priority watershed by the Natural Resources Conservation Service under its National Water Quality Initiative. ECCD and CT DEEP have focused extensive efforts and resources on improving the water quality of Roseland Lake and the Little River. If you are interested in joining the Collaborative or attending meetings, contact judy.rondeau@comcast.net.

The Baker Cove Watershed Committee (BaCWaC) has been established to reduce fecal coliform bacteria in Baker Cove, a 0.31 square mile estuary located between the City and Town of Groton, which is impaired for direct shellfish consumption. The committee will assist in improving water quality in Baker Cove by implementing recommendations from the Baker Cove Abbreviated Watershed-Based Plan to reduce water pollution from waterfowl, urban stormwater, marina/boating discharges, pet waste, chemicals, car fluids and pesticides. BaCWaC will work to install rain gardens and riparian buffers, conduct shoreline clean-ups and hold workshops, as well as continue efforts to control non-migratory Canada Geese populations. If you are interested in joining the committee or attending meetings, contact maura.robie@comcast.net.

Watershed Approach to Water Quality Protection
CT DEEP has contracted with ECCD to develop a Healthy Watershed Implementation Plan for the Natchaug River watershed, upstream of Mansfield Hollow Lake; it is the first watershed plan in Connecticut designed to protect healthy water rather than remediate it. The 165 square mile Natchaug watershed is located in 8 municipalities. The Willimantic Reservoir, a source of drinking water for residents and businesses in Windham and Mansfield, is immediately downstream of Mansfield Hollow Lake. Upstream of the Mansfield Hollow Dam is some of the finest trout fishing in Connecticut. Currently, the landscape of the watershed is predominantly forested, but as the towns grow and forest is lost, planning will be required to maintain good water quality. ECCD is collaborating with dozens of partners and municipal representatives to develop a watershed plan that will serve as a model for other healthy watersheds in Connecticut. Regular project updates are available on social media: Naturally Natchaug on Facebook and @NaturallyNatchaug on Instagram. If you are interested in becoming involved with this Collaborative, contact Jean Pillo at 860-928-4948.
Each year ECCD recognizes those who have played an important role in the year's accomplishments. Success in conservation is the result of coming together with like purpose and dedication and working together to protect our natural resources.

This year’s award winners are:

2019 Partner of the Year Award Recipients:
- Sidney Ames, Director Public Works Department
  Rain Garden Project Support ~ Municipal Partner Award
- Rich Eccleston, Crew Leader Public Works Department
  Rain Garden Project Support ~ Municipal Partner Award
- Larry Fritch, Grasso Tech High School
  Outstanding Support of the Long Island Sound Futures Fund Rain Garden & Rain Barrels
- Jonathan Gradie
  Watershed Workhorse Award
- Laura Miller
  Watershed Workhorse Award
- Bill Scalise
  Watershed Workhorse Award
- Michele Witham
  Watershed Workhorse Award


www.ConserveCT.org/eastern

ECCD would like to thank
Ocean State Job Lot
&
The Windham County Agricultural Society
For the use of their properties for our plant sale

2019-2020 ANNUAL APPEAL
We extend our sincere thanks and appreciation to so many of you who have supported our regional approach to natural resource conservation. Anyone wishing to donate may do so by sending your tax-deductible donation to:
Eastern Connecticut Conservation District
238 West Town Street, Norwich, CT 06360.

The 2020 Thames River Basin Partnership Floating Workshop
on June 12, 2020.
To receive updates on this workshop or to get registration information, we ask you to visit
www.TRBP.org
and click on the news and events tab, or follow Thames River Basin Partnership on Facebook.
2020 PLANT ORDER ENCLOSED

Place label here

Like us on Facebook at Eastern Connecticut Conservation District and receive updates on ECCD activities.

2020 Plant Sale
“There was a shopping mall. Now it’s all covered with flowers” ~Talking Heads~